



**Keynote speaker shares poem, resources to promote change and progress**

Karen Ballard, co-owner  
Productive Consulting Resources, LLC

Karen Ballard used the following resources and poem during her keynote presentation at the AAUW NC convention in April. Read more about her talk on page one.

- *Transitions: Making Sense of Life's Changes* by William Bridges
- *Managing Transitions: Making the Most of Change* by William Bridges
- *Primal Leadership* by Daniel Goleman
- *Hesselbein on Leadership* by Frances Hesselbein
- *Change the World* by Robert E. Quinn

### Options

by Charles Smith

Life is just a strong of options  
Of choices we must make  
Different road to journey down  
Directions we an take.

And there is no perfect choice  
Of pre-ordained way to go  
We can't control our destinies  
Or direct the river's flow.

But we know that joy cannot exist  
Without the risk of pain  
For as flowers bloom in sunshine  
They would die without the rain.

Life if full of cannots  
But they're balanced by the coulds  
And where there's a chance for evil  
There must be a chance for good.

And when we take our options  
Whichever path we choose  
For every chance of winning  
There must be a chance to lose.

So your life is what you make it  
You pick the pattern and the style  
You can drown in tears and sorrow  
Or light pathways with a smile.

And we know life won't be easy  
From first cry to final breath  
But remember the alternative  
The other side of life is death...

So if you struggle past the hurdles  
Accept the failures with the fun  
If at the end, you're smiling, friend  
You'll have run your race...and won.

## Different Needs, Different Times



UNCA Intergenerational Panel—Dr. Gwen Ashburn, Dr. Alison Climo, Dr. Peg Downes, Katie Kasben, Beth Lazer, Esther Manheimer, Dorothy Murphree, Laura Shiver. Dr. William Spellman is seated in rear.

### Purpose, Power, Progress

continued from page one

Business included uncontested passage of changes to AAUW NC Bylaws, to help the organization be more inclusive and operate more effectively. Resolutions were presented, discussed, and approved.

Nancy Shoemaker (Raleigh/Wake County) was installed as president-elect, and Judy Atkinson (Winston-Salem) is the new program vice-president. Treasurer Millie Hoffer-Foushee (Greensboro) began her second term.

### Recognition

During the banquet, recognition certificates were presented by Mary Fran Schickedantz to all 22 branches, who provided reports on their activities for the past year. The information shared in the reports is being shaped into a supplement to *Tar Heel News* that will be available from our web site by Labor Day.

Certificates were given to all members who joined the 100 Club, with contributions of \$100 or by documenting 100 hours of service. Honorees also received yellow rosebuds.

Mary Peterson, program vice-president presented three beautifully framed certificates for outstanding service to three women involved with communications in AAUW NC – Clara Allen, editor of the *AAUW NC History*; Nancy Shoemaker, technology chair and webmaster, and Marty Folsom, *Tar Heel News* editor.

### Feedback

The evaluations are in and the consensus of those reporting is the information was useful, the speakers good, and the workshops with handouts were professional and practical. Branches were able to exchange information and get project ideas. Members were appreciative that we stayed on schedule.

Several favorable comments were made on

the availability of the Association pamphlets. Everyone who had a role in the convention received praise.

A number of suggestions were made to make next year's convention even better. Among them were more discussion time after group sessions, more chances to exchange ideas with other branches, and a longer break after lunch or before the banquet for a walk or run. Others asked that the cost be kept down and for something really new to be included in the program.

### Memorial Service

Ruth Moody and Pat Abell led the Sunday morning memorial service, with Ruth playing hymns on her trumpet. Included were Hendersonville's Kathleen Ehlers and Louise Randell, both of whom died in February, after *Tar Heel News* went to press. Kathleen was active in AAUW until days before her death.

## Branch Notes

### High Point

AAUW High Point Branch received an Emphasis on Education Grant from the City of High Point in the amount of \$1,500. Three girls from High Point Central, SW High School and Andrews HS will receive one-time scholarships of \$500.

—Mary Stephens

High Point Branch's 2004 50 year Honorary Life Member is Helen Betts.

—Lou Dean Howard

### Winston-Salem

Winston-Salem Branch, led by members Capri Foy, Ph.D. and Vanessa Duren-Winfield, recently learned their proposed 2005-2007 Community Action Grant has been funded by AAUW for \$10,000. The Healthy Life-Style Program will focus on middle-school girls enrolled in the after-school program at the Salvation Army's Girls' Club. Year one is for planning and year two is for implementation of the program. The purpose of the project is to improve math and science skills, and encourage the girls toward a healthy life style including exercise and good eating habits. Organizations in partnership with AAUW to bring about this learning adventure for girls include Wake Forest University Medical School, The Salvation Army, Women's Center of Novant Health and Winston-Salem Central YMCA. Expect to hear more as this exciting project moves forward.

—Vanessa Duren-Winfield

### Wilmington Branch

Jo Chadwick and Lucille Whedbee were recognized for their active 50-year memberships in the AAUW Wilmington Branch. Hope Cusick has been selected as a Fulbright recipient and is considering the opportunity to teach American literature in the Netherlands next year.

—Sandy Robinson

### Brevard 50th Anniversary Celebrations Wind Down

May 10 – The AAUW Brevard Branch annual spring luncheon had a special focus—the end of its celebration of fifty years of community service. Hats and gloves were the requested attire for the luncheon, following in the footsteps of founding members when they met for special occasions. A power point presentation traced the branch's history since April 18, 1955. Past presidents and former members of Brevard Branch AAUW were on hand for the luncheon, as was AAUW NC president-elect Nancy Shoemaker.

Anniversary events took place in the community, including a proclamation from the Brevard City Council, a downtown window display, a special display at the library, two feature articles in the local paper and a radio interview outlining the branch's history.

The second focal point of the luncheon was the announcement the 2005 Women Who Make a Difference Awards, instituted in 1996 to honor outstanding women who have generously given their time and talents in community service. Nominations are submitted from organizations as well as individuals. In addition to a certificate, a donation is given to the AAUW Educational Foundation (EF) in each winner's name. To date, over \$5,000 has been contributed on behalf of award recipients to support post-graduate training for outstanding scholars.

In keeping with the "Make a Difference" theme, a booklet was compiled for the luncheon which summarized a personal or professional accomplishment which each of the current 108 members of the Brevard Branch had identified as significant in their lives. A pledge of celebration by all members concluded the program.

Branch members have moved into the most labor-intensive phase of their annual book sale. It will be held from July 3-7 on the Brevard College campus.

The first book sale was organized in 1969 and has been the greatest source of funds for awarding scholarships since that time, with over \$100,000 in scholarships funds being distributed by the Brevard Branch through Association and at the local level.

—Karla Atkinson